
Life Group Sermon Based Questions

**"God Is My Help"
(Psalm 119:153-160)
Pastor Peter Yi
October 15, 2017**

1. Please begin your discussion by going through the NCC (#42). If children are present, please include them too. Remember you can use the book, the phone app or the browser website. Conclude with the prayer together.
2. Look at today's text, Psalm 119:153-160. Look for the phrases that highlight the psalmist's prayers. Next, look for the phrases that show the psalmist's dependence on God's word. What is one application that you can make from your observations?
3. Share with your group a recent experience of one of the forms of suffering that was mentioned in the sermon? What impact did it have on you? How did you deal with it?
4. Do you agree with that it's during the difficult times of life that really test the quality of our faith in Christ? Why or why not? Explain and give an example if you can.
5. Imagine that a season of suffering has come upon you. Would your first reaction be to go to God's Word? Why or why not?

If you were going through a serious relationship breakdown, what verses would you go to?

If you were going through a terrible sickness, what verses would you go to?

If you were going through persecution or ridicule what verses would you go to?

How would these verses guide you through your suffering?

6. We often turn to prayer when we've run out of options, but that doesn't have to be the case. We know that we should turn to prayer sooner than later. What are we assured to receive from God when we pray?
7. Take a moment to pray for your LG members, and others in our church who are going through a season of suffering.